The Academy of Healing Arts

International Kinesiology College Certified Training

Specialising in

Kinesiology and Colour Therapy

Home of
Soul Power Kinesiology and Colour for Life

Application for Professional Qualification and Registration https://aha.org.nz/shop/qualification-applications/

www.aha.org.nz

ACADEMY OF HEALING ARTS

Student Training Log

Training requirements for

Certified Colour for Life Consultant & Instructor
156 credits

Certified Soul Power Kinesiology Consultant & Instructor
410 credits

Certified Kinesiologist & Colour Therapist
574 credits

Student Name: _____

Start Date: _____

Academy of Healing Arts ***Certified Kinesiologist & Colour Therapist Training*** ***574 Total credits / hours***
International Kinesiology College (IKC) Certified Courses

Training starts here for Colour for Life (CFL) Soul Power Kinesiology (SPK)	Date	Credits	Instructor's Name
Foundation Course Level 1 **Colour for Life & Soul Power Kinesiology**		16	
Workbook Foundation **Each Soul Power workbook includes written questions and 5 balances**		8	
Communicating Confidence		16	
Soul Power Kinesiology Level 2 + SPK Workbook Level 2		16 8	
Soul Power Kinesiology Level 3 + SPK Workbook Level 3		16 8	
Soul Power Kinesiology Level 4 + SPK Workbook Level 4		16 8	
Soul Power Kinesiology Level 5 + SPK Workbook Level 5		16 8	
Soul Power Kinesiology Level 6 + SPK Workbook Level 6		16 8	
Soul Power Kinesiology Proficiency Assessment		8	
2 Case Studies Soul Power Case Study form at aha.org.nz/Resources		18	
Soul Power Kinesiology Basic Intern		16	
Soul Power Kinesiology Advanced Intern		16	
Current First Aid Certificate		12	

Course	Date	Credits	Instructor's Name
ONLY ONE of the following for CFL: **Colour, Tarot and the Tree of Life** **TWO more course options coming soon, stay tuned**		16 8	
Colour for Life Level 2 + CFL Workbook Level 2		16 8	
Colour for Life Level 2 + CFL Workbook Level 2		16	
AHA Consultant and Instructor Training Workshop		40	
TFH Kinesiology 1 + TFH 1 Workbook		16 15	
TFH Kinesiology 2 + TFH 2 Workbook		16 15	
TFH Kinesiology 3 + TFH 3 Workbook		16 15	
TFH Kinesiology 4 + TFH 4 Workbook		16 15	
TFH Kinesiology Proficiency		16	
Apply for Certified & Registered Instructor & Consultant for Color for Life and/or Soul Power Kinesiology			
Anatomy and Physiology		100	
Final Practical Assessment with AHA Faculty or Instructor Trainer		8	
Apply for Certified Kinesiologist & Colour Therapist Qualification			