



The Academy of Healing Arts

International Kinesiology College Certified Training

Specialising in

Kinesiology and Colour Therapy

Home of
Soul Power Kinesiology and Colour for Life

Application for Professional Qualification and Registration

<https://aha.org.nz/shop/qualification-applications/>

www.aha.org.nz



ACADEMY OF HEALING ARTS

Student Training Log

Training requirements for

Certified Colour for Life Consultant & Instructor

180 credits

Certified Soul Power Kinesiology Consultant & Instructor

434 credits

Certified Kinesiologist & Colour Therapist

606 credits

Name:

Address:

Phone/Mobile:

Email:

Training starts here for ➤ Colour for Life (CFL) ➤ Soul Power Kinesiology (SPK)	Date	Credits	Instructor's Name	Course	Date	Credits	Instructor's Name
Foundation Course Level 1 Colour for Life & Soul Power Kinesiology		16		Colour for Life Level 2 + CFL Workbook Level 2		16 8	
Workbook Foundation All Soul Power workbooks include written questions and 2 case study balances see www.aha.org.nz / Resources Seek 2 people to become your case studies		8		Colour for Life Level 3 + CFL Workbook Level 3		16 8	
				ONLY ONE of the following for CFL: <input type="checkbox"/> Colour, Tarot and the Tree of Life <input type="checkbox"/> Colour, Crystals and Sound <input type="checkbox"/> Introduction to Colour Vibrational Essences		16	
Interpersonal Communication Skills for Consultants		24		AHA Consultant and Instructor Training Workshop		40	
Communicating Confidence		16		TFH Kinesiology 1 + TFH 1 Workbook		16 15	
Soul Power Kinesiology Level 2 + SPK Workbook Level 2		16 8		TFH Kinesiology 2 + TFH 2 Workbook		16 15	
Soul Power Kinesiology Level 3 + SPK Workbook Level 3		16 8		TFH Kinesiology 3 + TFH 3 Workbook		16 15	
Soul Power Kinesiology Level 4 + SPK Workbook Level 4		16 8		TFH Kinesiology 4 + TFH 4 Workbook		16 15	
Soul Power Kinesiology Level 5 + SPK Workbook Level 5		16 8		TFH Kinesiology Proficiency		16	
Soul Power Kinesiology Level 6 + SPK Workbook Level 6		16 8		Current First Aid Certificate		12	
Soul Power Kinesiology Proficiency Assessment		8		Apply for Certified & Registered Instructor & Consultant for Color for Life and/or Soul Power Kinesiology			
2 Case Studies Soul Power Case Study form at www.aha.org.nz / Resources Write up workbook balances as case studies		18		Anatomy and Physiology		100	
Soul Power Kinesiology Basic Intern		16		Final Practical Assessment with AHA Faculty or Instructor Trainer		8	
Soul Power Kinesiology Advanced Intern		16		Apply for Certified Kinesiologist & Colour Therapist Qualification			