

Academy of Healing Arts

Certified Qualifications

- Certified Colour Therapist and Kinesiologist
- Certified Soul Power Kinesiology Consultant
- Certified Soul Power Kinesiology Instructor
- Certified Colour for Life Consultant
- Certified Colour for Life Instructor
- Certified Proficient in Touch for Health

Academy of Healing Arts Training

- Specialist in Kinesiology & Colour Therapy
- No previous training required
- Training from beginner to professional levels
- Registration of Consultants and Instructors

Natural Therapy Modalities

- Soul Power Kinesiology
- Colour for Life
- Touch for Health Kinesiology

Courses Certified by

- Academy of Healing Arts
- International Kinesiology College (IKC)

For further Information

Please contact
your local Instructor

Academy of Healing Arts

www.aha.org.nz

Your Local Instructor is:

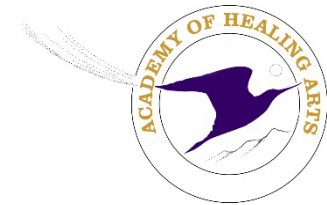
Academy of Healing Arts

To register for all classes and
for more information on courses

www.aha.org.nz

Academy of Healing Arts

International Kinesiology College Certified Training



Professional Training

Specialising in Colour Therapy and
Kinesiology Qualifications



Colour for Life Consultant & Instructor

Soul Power Kinesiology Consultant & Instructor

Certified Proficient in Touch for Health

Certified Kinesiologist and Colour Therapist

2025

Academy of Healing Arts

Train as :

Registered Colour for Life Consultant & Instructor
Registered Soul Power Consultant & Instructor
Registered Kinesiologist & Colour Therapist
Certified Proficient in Touch for Health

Training Certified By

International Kinesiology College (IKC)
Academy of Healing Arts

Soul Power Kinesiology

202 credits from SPK required for Soul Power
Consultant and Instructor Training Workshop

Foundation Level 1 Soul Power + Colour for Life 16cr

Same course for SPK and CFL. Need attend only once

Soul Power Kinesiology Levels 2-6 80cr

Soul Power Workbooks 1-6 48cr

Written questions plus 2 case study balances per workbook

Soul Power Proficiency Assessment 8cr

Pre-requisite Soul Power Kinesiology 6 + workbooks marked

Intern Basic + Advanced Training 32cr

2 x Soul Power Case Study - 3 consultations 18cr

For interactive Case Study forms see www.aha.org.nz/resources

PLEASE NOTE

**Soul Power Kinesiology (SPK) and
Colour for Life (CFL) both require the
following : They need only be attended once.**

- Foundation Course
- Interpersonal Communication Skills for Consultants
- Communicating Confidence

Colour for Life

88 credits from CFL required for Colour for Life
Consultant and Instructor Training Workshop

Foundation Level 1 Soul Power/Colour for Life 16cr

Foundation Workbook 8cr

Colour for Life Levels 2 and 3 32cr

Colour for Life Workbooks Levels 2 and 3 16cr

ATTEND ONE ONLY of the following:

- Colour, Tarot and the Tree of Life 16cr
- Colour, Crystals and Sound 16cr
- Introduction to Colour Vibrational Essences 16cr

Communication Skills

40 credits required for AHA Training Workshop

Interpersonal Communication Skills for Consultant

Same course for SPK and CFL. Need attend only once 24cr

Communicating Confidence

Same course for SPK and CFL. Need attend only once 16cr

Touch For Health Kinesiology

140 credits required for

Soul Power Kinesiology

Consultant and Instructor Training Workshop

TFH Kinesiology Levels 1 - 4 64cr

TFH Workbooks Levels 1 - 4 60cr

TFH Kinesiology Proficiency 16cr

First Aid

12 credits required for Instructor or Consultant

Current First Aid Certificate OSH Approved 12cr

Exemptions: Instructors and Consultants who work:

- ONLINE ONLY or
- OUTSIDE of NZ and meet own country's First Aid requirements

AHA Consultant and Instructor Training Workshop

40 credits

Pre-requisites (meet one of the following):

- **Colour for life** + Communication Skills, **OR**
- **Soul Power Kinesiology** + **Touch for Health Kinesiology** + Communication Skills

On Completion of Training Workshop:

➤ **Apply for Registered & Certified Consultant and Instructor Qualification in:**

- **Colour for life** and/or **Soul Power Kinesiology**
- Application form available from www.aha.org.nz/resources

➤ **Maintain Ongoing Training Requirements**

- Update - half day annually with Faculty or Instructor Trainer
- Annual Registration with Academy of Healing Arts

Certified Kinesiologist and Colour Therapist

606 Total credits

Requirements:

- **Current Registered & Certified Consultant and Instructor in BOTH:**
 - **Colour for Life** and **Soul Power Kinesiology**
- **Anatomy & Physiology**
- **Final Practical Assessment**

Anatomy & Physiology

100 credits required

Anatomy & Physiology Level 4 N.Z.Q.A. 100cr

Final Practical Assessment

8 credits required

Practical Assessment with Faculty or Instructor Trainer 8cr

After Meeting All the Requirements:

➤ **Apply for Certified Kinesiologist and Colour Therapist Qualification**

- Application form available from www.aha.org.nz/resources

➤ **Maintain Ongoing Training Requirements**

- Update - half day annually with Faculty or Instructor Trainer
- Annual Registration with Academy of Healing Arts