

## Qualifications available

Certified Kinesiologist/ Colour Therapist

Registered Natural Therapies Practitioner

Academy of Healing Arts  
Kinesiology Association New Zealand  
Natural Health Practitioners NZ  
International Association of Colour

Academy of Healing Arts

specialises in Kinesiology & Colour Therapy

Training in:

Soul Power Kinesiology  
Colour for Life  
Touch for Health Kinesiology

- 620 credits (approximate hours)
- Training + practical experience
- Prior learning accepted
- Courses held Nationally

Registration with NHPNZ

If you are a Consultant or an Academy Teacher working with the public insurance cover is provided as a

Registered Natural Therapies Practitioner  
or  
NHPNZ Student member  
( if yet to complete 640 hours training)

For further Information

Please contact  
your local teacher

Academy of Healing Arts Teacher

Principal: Catherine North  
4 Kuaka Street, Oneroa  
Waiheke Island  
Phone: 09 372 4166  
Email: catherine@aha.org.nz

Register for classes &  
for more information on courses

[www.aha.org.nz](http://www.aha.org.nz)



# Academy of Healing Arts

Registered Training Establishment NHPNZ

Consultant and Teacher Training



Certified Kinesiologist/Colour Therapist

Registered Natural Therapies Practitioner

Touch for Health Consultant/ Instructor

Colour for Life Consultant/Teacher

Soul Power Consultant / Teacher

2016

## 2017 Training Requirements for

Certified Kinesiologist and ColourTherapist

Reg. Natural Therapies Practitioer

Certified Energy Kinesiologist

**620 Total Credits Required**

### Soul Power Kinesiology

**140 - 180 credits required**

Credits for Teacher/Consultant apply only once

**Soul Power Kinesiology Levels1– 6 90cr**

**Soul Power Workbooks Levels 1- 5 50 cr**

**Teacher and Consultant Training 40 cr**

This is the same course for Soul Power and Colour for Life

Credits fo this course apply only once

**Soul Power Teacher** requires:

all of the above Soul Power courses

TFH 1-4 and Proficiency

Student or Practitioner Registration with NHPNZ (for NZ)

### Anatomy & Physiology and First Aid

**116 credits required**

**Anatomy & Physiology 100cr**

Level 4 N.Z.Q.A.

**First Aid Certificate 16cr**

OSH Approved - Work Place First Aid (Current)

### Colour for Life 90 - 105 credits required

Credits for Level 1 & Teacher/Consultant apply only once

**Colour for Life Level 1-3 30-45cr**

Soul Power Level 1 is the same course

Credits for Level 1 apply only once

**Colour for Life Workbooks Levels 2-3 20cr**

**Teacher and Consultant Training 40cr**

This is the same course for Soul Power and Colour for Life

Credits for this course apply only once

**Colour for Life Teacher** requires :

all the above Colour for Life courses

Student or Practitioner Registration with NHPNZ (for NZ)

### Touch For Health Kinesiology 204 credits required

**TFH Kinesiology Levels 1 – 4 64cr**

**TFH Workbooks Levels 1 - 4 60cr**

**TFH Kinesiology Level 5 Proficiency 16 cr**

**TFH Training Workshop 64cr**

**Touch For Health Instructor** requires:

All above TFH classes

Student or Practitioner Registration with NHPNZ

### Practical Kinesiology Experience 70 credits required

**10 Supervised Balances 10cr**

Discuss balances with Qualified Instructor  
Record on Soul Power or TFH Record Sheets

**5 Soul Power Case Studies 30cr**

**5 Touch For Health Case Studies 30cr**

For Case Study outlines see  
[www.aha.org.nz/touch-for-health-kinesiology](http://www.aha.org.nz/touch-for-health-kinesiology)

On completion of your training

Please present  
copies of training certificates to:

The principal  
Academy of Healing Arts  
Catherine North  
Email: [catherine@aha.org.nz](mailto:catherine@aha.org.nz)  
phone: 027 860 7788

For Queries and more information

Please contact your local Instructor or  
Catherine North

[www.aha.org.nz](http://www.aha.org.nz)