

Qualifications available

Soul Power Consultant & Teacher

Colour for Health Consultant & Teacher

Touch for Health Instructor

Certified Kinesiologist & Colour Therapist

Registered Natural Therapies Practitioner

Academy of Healing Arts
International Kinesiology College
Natural Health Practitioners New Zealand
Kinesiology Association New Zealand
International Association of Colour

Academy of Healing Arts

- Specialising in Kinesiology & Colour Therapy
- Courses Certified by the Academy of Healing Arts and the International Kinesiology College

Training in:

Soul Power Kinesiology
Colour for Life
Touch for Health Kinesiology

Natural Health Practitioner New Zealand

Provide industry insurance cover to Student and Practitioner Members.

For further Information

Please contact
your local teacher

Academy of Healing Art

www.aha.org.nz

Principal: Catherine North
Phone: 027 860 7788
Email: catherine@aha.org.nz

Register for classes &
for more information on courses

www.aha.org.nz



Academy of Healing Arts

Registered Training Establishment with
Natural Health Practitioners New Zealand

Consultant and Teacher Training



Certified Kinesiologist & Colour Therapist

Registered Natural Therapies Practitioner

Soul Power Kinesiology Consultant/Teacher

Colour for Life Consultant/Teacher

Touch for Health Instructor

2019 Training Requirements for

Soul Power Consultant
Colour for Life Consultant
Touch for Health Instructor
Certified Kinesiologist and Colour Therapist
Academy of Healing Arts

Reg. Natural Therapies Practitioner NHPNZ
Natural Health Practitioners NZ

Soul Power Kinesiology 140 credits required

Soul Power Kinesiology Levels 1– 6 90cr

Soul Power Workbooks Levels 1- 6 50 cr

Soul Power Consultant and Teacher Requirements

Soul Power 1-6 and workbooks completed
Soul Power Intern Workshop
Academy Training Workshop
TFH 1-4 and TFH Proficiency (to teach Advanced Soul Power)
Current First Aid Certificate
Student or Practitioner Registration with NHPNZ (within NZ)

Anatomy & Physiology and First Aid 116 credits required

Anatomy & Physiology 100cr

Level 4 N.Z.Q.A.

First Aid Certificate 16cr

OSH Approved - Work Place First Aid (Current)

Colour for Life 90 credits required

Colour for Life Level 1-3 30cr

Credits for Level 1 apply only once,
either via Soul Power or Colour for Life.

Colour for Life Workbooks Levels 1-3 20cr

Colour for Life Consultant & Teacher Requirements:

Colour for Life 1-3 plus workbooks completed
Academy Training Workshop
Current First Aid Certificate
Student or Practitioner Registration with NHPNZ (within NZ)

Academy Training Workshop 40cr
Soul Power / Colour for Life Teacher & Consultant

Student or Practitioner Registration with NHPNZ (within NZ)
is required as a Consultant or Teacher.

Touch For Health Kinesiology 204 credits required

TFH Kinesiology Levels 1 – 4 64cr

TFH Workbooks Levels 1 - 4 60cr

TFH Kinesiology Level 5 Proficiency 16 cr

TFH Training Workshop 64cr

TFH Instructor Requirements

All above Touch For Health classes
Current First Aid Certificate
Student or Practitioner Registration with NHPNZ (within NZ)

Practical Kinesiology Experience 70 credits required

10 Supervised Balances 10cr

OR Soul Power Intern Course 16 cr

Discuss balances with Qualified Instructor
Record on Soul Power or TFH Record Sheets

5 Soul Power Case Studies 30cr

For Case Study outlines see
www.aha.org.nz/soul-power-kinesiology
"Course Levels -TFH/Soul Power Kinesiology Case Studies"

5 Touch For Health Case Studies 30cr

For Case Study outlines see
www.aha.org.nz/touch-for-health-kinesiology
"Course Levels -TFH/Soul Power Kinesiology Case Studies"

On completion of your training
Please present
copies of training certificates to:

The Principal Catherine North
Academy of Healing Arts
Email: catherine@aha.org.nz
phone: 027 860 7788

For Queries and more information
Please contact your local Instructor or
Catherine North

www.aha.org.nz