

## Qualifications available

Certified Kinesiology & Colour Therapy Practitioner  
Soul Power Kinesiology Consultant & Instructor  
Colour for Life Consultant & Instructor  
Certified Touch for Health Proficiency

### Courses Certified by:

- Academy of Healing Arts
- International Kinesiology College

### Academy of Healing Arts

- Specialising in Kinesiology & Colour Therapy

### Training Provided in Modalities of

- Soul Power Kinesiology
- Colour for Life
- Touch for Health Kinesiology

## Natural Health Practitioners New Zealand

Academy of Healing Arts Certified Practitioners are recognised by NHPNZ, and may apply to become a Practitioner Member of NHPNZ.

Industry insurance cover is provided to Academy of Healing Arts Students and Practitioners who join as Members of NHPNZ

## For further Information

Course outlines and Course dates on

[www.aha.org.nz](http://www.aha.org.nz)

Please contact  
your local Academy Instructor

Academy of Healing Arts

Principal: Catherine North  
Phone: 027 860 7788  
Email: [catherine@aha.org.nz](mailto:catherine@aha.org.nz)

Register for classes &  
for more information on courses

[www.aha.org.nz](http://www.aha.org.nz)



# Academy of Healing Arts

Registered Training Establishment

## Professional Training Program



Certified Kinesiology & Colour Therapy  
Practitioner

Soul Power Kinesiology Consultant/Instructor

Colour for Life Consultant/Instructor

2020

## Academy of Healing Arts Professional Training

Certified Kinesiology and Colour Therapy  
Practitioner

Soul Power Kinesiology Consultant  
Soul Power Kinesiology Instructor

Colour for Life Consultant  
Colour for Life Instructor

### Soul Power Kinesiology 188 credits required

Soul Power Kinesiology Levels 1– 6	96cr
Soul Power Workbooks Levels 1- 6	60 cr
Intern Basic +Advanced Workshops	32cr

#### *Soul Power Consultant /Instructor Requirements*

Soul Power 1-6 and workbooks completed  
Soul Power Intern Course  
AHA Consultant/Instructor Training Workshop  
TFH 1-4 and TFH Proficiency (to teach levels 4-6 Soul Power)  
Current First Aid Certificate  
Industry Insurance (recommended)

### Anatomy & Physiology and First Aid 112 credits required

Anatomy & Physiology Level 4 N.Z.Q.A.	100cr
Current First Aid Certificate OSH Approved - Work Place First Aid (Current)	12cr

### Colour for Life 68 credits required

Foundation Level 1 Credits apply only ONCE and are also in  
Soul Power. Only **52** credits count towards Practitioner.

Academy Foundation Course level one 16cr

Colour for Life Level 2-3 32cr

Colour for Life Workbooks Levels 1-3 20cr

#### *Colour for Life Consultant/Instructor Requirements:*

Colour for Life 1-3 plus workbooks completed  
Academy Consultant/Instructor Training Workshop  
Current First Aid Certificate  
Industry Insurance (recommended)

### Touch For Health Kinesiology 172 credits required

TFH Kinesiology Levels 1 – 4	64cr
TFH Workbooks Levels 1 - 4	60cr
Intern Basic + Advanced Workshops	32cr
TFH Kinesiology Proficiency	16 cr

### Academy of Healing Arts Training Workshop for Consultants & Instructors 40cr Required

Training Workshop 40cr

### Practical Kinesiology Experience 60 credits required

5 Soul Power Case Studies 30cr

For Case Study outlines see  
[www.aha.org.nz/soul-power-kinesiology](http://www.aha.org.nz/soul-power-kinesiology)  
"Course Levels -TFH/Soul Power Kinesiology Case Studies"

5 Touch For Health Case Studies 30cr

For Case Study outlines see  
[www.aha.org.nz/touch-for-health-kinesiology](http://www.aha.org.nz/touch-for-health-kinesiology)  
"Course Levels -TFH/Soul Power Kinesiology Case Studies"

## Academy of Healing Arts Certified Kinesiology and Colour Therapy Practitioner

### 624 credits

On completion of all categories of training  
Please apply for Practitioner Certification with  
Academy of Healing Arts

#### For Practitioner Application Please Contact

The Academy of Healing Arts Principal  
Catherine North  
Email: [catherine@aha.org.nz](mailto:catherine@aha.org.nz)

[www.aha.org.nz](http://www.aha.org.nz)