

The Twelve Chakra System and its Relationship to Colour and Consciousness

Chakras play a most important role in our health and well being. They are receiving stations for the Universal Energy Force, which is far too powerful for us to use in its pure form, so the chakras reduce that energy into an appropriate strength to vitalise our physical body through the Etheric body.

The chakras are energy centres allowing energy to flow into and out of the aura. Through them we metabolise energy from the universal field and the consciousness associated with that vibrational field. Therefore each chakra has related emotions and issues connected with it.

There are 7 major chakras on the physical body which are associated with our Endocrine system and meridians (energy pathways).

When the whole system is in balance we feel great. Body and mind function well. When out of balance we feel low in energy and are not able too function fully either mentally or physically.

The seven major chakras are rooted in or near the spine, the next five important chakras are located above the head within the continuing vortex energy spiralling above. There are also hundreds of minor ones distributed throughout the many energy levels of our system.

The basic twelve chakras are associated with certain aspects of consciousness relating to mental and emotional processes as well as Spiritual awareness. Bringing these chakras into harmony requires some chakras to be energised. This can be simply achieved with the use of Unicorn 2000 Chakra Light Essences.

Tony Cooper – creator of Unicorn 2000 Chakra Essences.

The Twelve Chakra System

Chakra 11 Gold

Chakra 10 Turquoise

Chakra 9 Pink

Chakra 8 Magenta

Chakra 7 Violet

Chakra 6 Indigo

Chakra 5 Blue

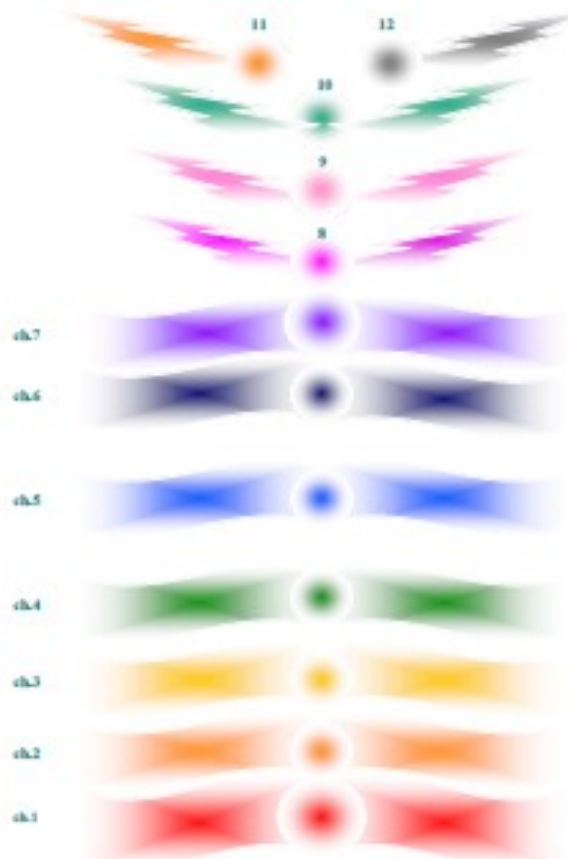
Chakra 4 Green

Chakra 3 Yellow

Chakra 2 Orange

Chakra 1 Red

Chakra 12
Silver



Red energy earthing passion initiator awareness intensity stimulation survival
issues awakening

Chakra Light 1 Red Harmonises Base Chakra 1

Improved self-survival instincts, greater grounding, sexuality, circulation, easier release of past issues.

Orange aspiration insight enthusiastic ambition flamboyance self assurance
awareness releasing bondage

Chakra Light 2 Orange Harmonises Sacral Chakra 2

Improved relationships, greater initiative and creativity, emotional harmony.

Yellow assimilation knowledge happiness intellect self confidence self control
adventurous convictions

Chakra Light 3 Yellow Harmonises Solar Plexus Chakra 3

Greater mental and emotional control. Helps the nervous and digestive systems.

Green harmony emotions expressing inner self love of humanity space new
beginnings direction truth

Chakra Light 4 Green Harmonises Heart Chakra 4

Inner peace and harmony. Better overall harmony and centeredness. Greater expression of love and compassion, (including self love)

Blue peace stability communication faith idealism channel reliability nurturing of
mother gentleness

Chakra Light 5 Blue Harmonises Throat Chakra 5

Self expression, communication of ideas.

Indigo psychic abilities/ESP spiritual communication opening of the 3rd eye an all
sided view contact higher self

Chakra Light 6 Indigo Harmonises Brow Chakra 6

Development of psychic abilities. Intuitive attunement, insight, spiritual growth and deeper understanding.

Violet spirituality service transformation healing mental strength self attainment
devotion mysticism

Chakra Light 7 Violet Harmonises Crown Chakra 7

Stronger link with cosmic energy, greater spiritual awareness, a closer identity with oneness and a sense of fulfilment.

Magenta divine love receiving cosmic energies open to Higher Will/Source deeper
self identity elevating desires

Chakra Light 8 Magenta Harmonises Soul Star - Chakra 8

Awakening to our cosmic links beyond Earth. Opening to channel the universal energy, willingness to serve mankind.

Pink unconditional love feminine intuitive caring tenderness compassion loyalty
affection

Chakra Light 9 Pink Harmonises Chakra 9

Increased perception of, and true expression of self in life. Assists greater attunement to Universal Divine Love.

Turquoise collective consciousness universal inter-connectedness know commonality of all things archetypes

Chakra Light 10 Turquoise Harmonises Chakra 10

Harmonises motives and actions to soul's purpose. Heart/mind harmony helps achieve soul's purpose. Helps lift depression or negativity. Understanding the interconnectedness of all, creates an ability to connect and work closely with the forces of nature.

Gold innate wisdom deep happiness

Chakra Light 11 Gold Harmonises Chakra 11

Your Divine essence. The active Yang principle in your innermost link with the Creator, and links to the dynamic forces of nature. Brings knowledge that you have the ability to achieve your life purpose, and brings a sense of duty. Helps move out of lethargic states. Awareness of the Divine in all things, and within the self.

Silver contains all colours the Light/Spirit clarity intensification positive aspects of all colours

Chakra Light 12 Silver Harmonises Chakra 12

Your Divine essence. The receptive, passive Yin principle in your innermost link with the Creator. More awareness of your Divine purpose. Realisation that all things will be achieved according to Divine Plan. Freedom of spirit.

The **Academy of Healing Arts** in the Colour Therapy and Soul Power Kinesiology courses teaches various techniques using kinesiology and colour to raise consciousness and balance the many levels of the body.

Colour regenerates, revitalises and rebalances the human aura. The appropriate colours when applied, restore harmony, enabling the body to resume its normal rhythm and function.

Just as our physical bodies require a variety of foods for healthy balance and function, our subtle bodies require a continuous balanced energy flow to facilitate harmonious development. This energy originates within light, which is separated into the colour spectrum.

The colour spectrum frequencies are associated with "Consciousness" which in turn can help balance and bring harmony to subtle levels within our system. The application of colour helps bring about harmony within our subtle and physical levels, affecting our cell's consciousness.

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