

# *Working with Unicorn Essences*

As a person selects their coloured essences so we are given a privileged insight into this person's life. We must, at every level of our interaction with this person, respect their dignity and honour all that they are. No matter what physical or emotional problems the client is presenting, at a soul level the client is pure light and has infinite wisdom.

In attempting to counsel the client remember this at all times. Each person has understanding of themselves at a very deep intimate level that we may be privileged to glimpse or may be able to assist them to connect with this themselves.

The colours shown in the bottles are a reflection of their true personality and many people hide behind barriers, not looking or perceiving themselves in the full light of who they are.

We must be mindful of each persons ability to interpret for themselves and not attempt to override or interpret for them. We cannot tell the client who and what they are.

Each person selects the colours appropriate to their understanding and willingness to face the issues at this time. We all have, at a deep level, the understanding and knowledge of the priority issues for us, and which issues we need to deal with first. This will lead us surely and safely onto the next issues. If we follow each persons wisdom in the chosen colours and the order they chose them - we are assisting that person to make changes in small but easy steps - in an easy progression of growth for that person. What is easy for one person may well be a daunting task for another. Trust the innate wisdom.

In allowing the self selection of colours and therefore the selection of which issues are being dealt with, we are safeguarding a healing progression for that person, rather than imposing our believed sequence of dealing with a particular problem, and possibly creating unnecessary strife.

Trust the process. If a person has a violent reaction to any of their chosen colours, as they are applied, know that they are ready to release this particular difficulty or energy block. In using the healing energies of plant, gem and colour this problem can be very quickly released and a calmer state reached.

The use of the coloured herb and gem essences transcends the need for words, which can so often be restricting. The healing response of letting go of blocks to our well-being happens on a deep energetic level. Difficulties may be the result of many struggles for lifetimes, and may not be fully understood by our physical mind and conscious logic. These can be erased from our energetic field, transmuted and lifted away or dissolved with the colours, as the vibration is raised and changed.

There is no great need to tell a person about themselves. Rather, allow them to re-discover themselves. They will have the insights needed as you share with them the meaning of their chosen colours. Encourage them to talk about themselves and what is brought into their consciousness, as you discuss the colour symbology.