

# Academy of Healing Arts

## Certified and Registered Qualifications

- Certified Colour Therapist and Kinesiologist
- Certified Soul Power Kinesiology Consultant & Instructor
- Certified Colour for Life Consultant & Instructor
- Certified Proficient in Touch for Health

## Academy of Healing Arts

- Specialising in Kinesiology & Colour Therapy
- No previous training required
- Training from beginner level to professional
- Registration of Consultants and Instructors

## Natural Therapy Modalities

- Soul Power Kinesiology
- Colour for Life
- Touch for Health Kinesiology

## Courses Certified by

- Academy of Healing Arts
- International Kinesiology College (IKC)

For further information

Please contact  
your local instructor

Academy of Healing Arts

[www.aha.org.nz](http://www.aha.org.nz)

Your Local Instructor: is:

Academy of Healing Arts  
Principal and IKC Faculty:  
Catherine North

Phone: 027 860 7788  
Email: [office@aha.org.nz](mailto:office@aha.org.nz)

To register for classes  
& for more information on  
courses and training

[www.aha.org.nz](http://www.aha.org.nz)

# Academy of Healing Arts

International Kinesiology College Certified Training



## Professional Training

Specialising in Colour Therapy  
and Kinesiology Qualifications



Colour for Life Consultant & Instructor

Soul Power Kinesiology Consultant & Instructor

Certified Proficient in Touch for Health

Certified Kinesiologist and Colour Therapist

2024

## Academy of Healing Arts

Train as :

- Colour for Life Consultant & Instructor
  - Soul Power Kinesiology Consultant & Instructor
  - Certified Proficient in Touch for Health
  - Certified Kinesiologist & Colour Therapist
- Training Certified By  
International Kinesiology College (IKC)

## Soul Power Kinesiology

### 184 credits required for Soul Power Consultant and Instructor Training Workshop

**Foundation Level 1 Soul Power + Colour for Life** 16cr

Same course for SP and CFL Need attend only once

**Interpersonal Communication Skills for Consultants**

Same course for SP and CFL Need attend only once 24cr

**Soul Power Kinesiology Levels 2-6** 80cr

**Soul Power Workbooks 1-6** 48cr

Written questions plus 2 case study balances per workbook

**Soul Power Proficiency Assessment** 8cr

Pre-requisite Soul Power 6 + workbooks marked

**2 Soul Power Case Studies** 18cr

For interactive Case Study forms, download at

[www.aha.org.nz/resources/Soul Power case study form](http://www.aha.org.nz/resources/Soul Power case study form)

**Internship - Basic + Advanced Training** 32cr

**Soul Power Kinesiology and Colour for Life both  
require the same courses of**

- Foundation Course
- Interpersonal Communication Skills for Consultants

**NB** Attendance required once only for these courses

## Colour for Life

### 96 credits required for Colour for Life Consultant and Instructor Training Workshop

**Foundation Level 1 Soul Power/Colour for Life** 16cr

**Foundation Workbook** 8cr

Same course for SP and CFL Need attend only once

**Interpersonal Communication Skills for Consultants**

Same course for SP and CFL Need attend only once 24cr

**Colour for Life Levels 2 and 3** 32cr

**Colour for Life Workbooks Levels 2 and 3** 16cr

## Touch For Health Kinesiology

### 140 credits required for Soul Power

#### Consultant and Instructor Training Workshop

**TFH Kinesiology Levels 1 - 4** 64cr

**TFH Workbooks Levels 1 - 4** 60cr

**TFH Kinesiology Proficiency** 16cr

## Anatomy & Physiology and First Aid

112 credits

Required for Application

Certified Kinesiologist and Colour Therapist

**Anatomy & Physiology** 100cr

Level 4 N.Z.Q.A.

**First Aid Certificate** NZ requirement only 12cr

OSH Approved - Work Place First Aid (Current)

## AHA Consultant and Instructor Training Workshop

40 credits

- Pre-requisite 96 credits Colour for life OR
- Pre-requisite 184 credits Soul Power + 140 credits Touch for Health
- On completion, apply [www.aha.org.nz](http://www.aha.org.nz) for  
Consultant & Instructor Certification and Registration

## Following Training Workshop

### Application Colour for Life Consultant & Instructor

Requirements

- All courses outlined under Colour for Life
- First Aid Certificate (required if consulting/teaching in NZ)
- Instructor & Consultant application - Download & Apply
- Annual Registration with Academy of Healing Arts required
- 1/2 day AHA Update required every year with Instructor Trainer

### Application Soul Power Kinesiology Consultant & Instructor

Requirements

- All courses outlined under Soul Power Kinesiology
- All courses outlined under Touch for Health Kinesiology
- First Aid Certificate (required if consulting/teaching in NZ)
- Instructor & Consultant application - Download & Apply
- Annual Registration with Academy of Healing Arts required
- 1/2 day AHA Update required every year with Instructor Trainer

## Final Practical Assessment

8 credits

- Pre-requisites - 184 credits Soul Power Kinesiology  
- 96 credits Colour for life  
- 140 credits Touch for Health Kinesiology  
- 40 credits Training Workshop

## Application for Qualification

### Certified Kinesiologist and Colour Therapist

574 Total credits

- Please Apply [www.aha.org.nz](http://www.aha.org.nz)/ student assessments
- 1/2 day AHA Update required every year with Instructor Trainer